Daily Checklist

Have You:

MORNING:

- [ ] Made your bed?
- [ ] Gotten dressed?
- [ ] Had breakfast?
- [ ] Brushed your hair?
- [ ] Brushed your teeth?
- [ ] Put socks and shoes on?
- [ ] Got your lunch?
- [ ] Got your backpack?

AFTERNOON:

- [ ] Gotten a snack?
- [ ] Done your homework?
- [ ] Read for 20 minutes?
- [ ] Done your chores?
- [ ] Played?

EVENING:

- [ ] Set out clothes and shoes?
- [ ] Packed your backpack?
- [ ] Taken a shower or bath?
- [ ] Put your pajamas on?
- [ ] Put clothes in hamper?
- [ ] Brushed your teeth?

CHORES:

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____